

Patient Questionnaire

Name: _____ DOB: _____ Date: _____

Allergies: _____

Medications/Supplements: _____

Past Medical History

Please **Circle** those conditions you've had in the past or have currently:

High blood pressure

Stroke

Hepatitis

Diabetes

Gallstones

Yellow Jaundice

Peptic Ulcers

Kidney Stones

Abdominal Bleeding

Heart Attack

Thyroid Problem

Diverticulosis

Asthma

Emphysema/COPD

Seasonal Allergies

Migraines

Anxiety

Depression

Heart Murmur

Broken Bones

Head Injury

Arthritis

Blood Clots

Cancer

Seizures

Physical/Sexual Abuse

Other: _____

Past Surgical History

Please list all surgeries you've had, along with the year of the surgery, if known.

Have you ever had a blood transfusion? **Y N** If yes, what year? _____

Have you ever been hospitalized for other reasons? **Y N** If yes, why? _____

Family History

Please tell me who was affected (e.g. father, sister) and how old they were when diagnosed

Heart Disease/Heart Attack/Stent/Bypass: _____

Stroke: _____

High Blood Pressure: _____

High Cholesterol: _____

Diabetes: _____

Breast/Ovarian Cancer: _____

Colon Cancer: _____

Prostate Cancer: _____

Other Cancer: _____

Osteoporosis/Broken Bones: _____

Thyroid Problems: _____

Depression/Anxiety/Substance Abuse: _____

Bleeding Problems/Blood Clots: _____

Other: _____

Health Habits

Describe your home life: (Married? Children? Pets? Hobbies?) _____

Do you exercise? **Y** **N** How many times per week? _____

What types of activities? _____

How many hours of sleep do you get at night? _____

Do you drink caffeine? **Y** **N** If yes, how many servings per day? _____

Do you use tobacco? **Y** **N** If yes, circle which kind(s) Cigarettes/Pipe/Cigar/Chewing Tobacco
If yes, how much per day? _____ How many years? _____

Have you previously used tobacco? **Y** **N** If yes, what year did you quit? _____

Do you drink alcohol? **Y** **N** If yes, how many drinks per week? _____

Have you ever had medical, psychological, or legal troubles from alcohol? _____

Do you use recreational drugs? **Y** **N** If yes, which one(s) _____
If no, have you had significant use in the past? _____

Do you have guns in the home? **Y** **N** If yes, are they locked/unloaded? _____

Do you consider yourself at average or increased risk for HIV? _____

Symptom Review

Please **circle** the symptoms below which have troubled you within the **past three months**:

Chest pain/Tightness	Palpitations	Back/Neck Pain
Fainting Spells	Swollen Ankles	Muscle Pain/Weakness
Shortness of Breath	Cough/Congestion	Arthritis Pain
Wheezing	Phlegm	Joint Pain/Swelling
Coughing up Blood	Trouble Swallowing	Rash
Heartburn	Nausea/Vomiting	Changes in moles/warts
Abdominal Pain	Jaundice	Tremor/Shakiness
Diarrhea	Constipation	Paralysis
Bloody/Black Stools	Blood in Urine	Frequent Headache
Painful Urination	Frequent Urination	Change in Speech/Vision
Leakage of Urine	Sexual Dysfunction	Numbness/Tingling
Penile/Vaginal Discharge	Menstrual Problems	Memory Loss
Hot Flashes	Inexplicable Fatigue	Crying Spells
Fever or Chills	Lumps or Masses	Insomnia
Wear Glasses/Contacts	Visual Changes	Hallucinations
Anxiety	Depression	Suicidal Thoughts
Eye Pain	Itchy/Watery Eyes	Bloody Nose
Runny Nose/Congestion	Sore Throat	Hoarseness
Hearing Aids	Earache	Tinnitus (Ringing in Ears)
Ear Drainage	Asthma	Sinus Problems
Excessive Thirst/Urination	Weight Changes	Hair or Skin Changes
Heat or Cold Intolerance	Easy Bruising	Easy Bleeding of Gums
Enlarged Lymph Nodes	Anemia	Pain in Legs with Walking

Food Intolerances (please list)